

## 1. Seat Height



Lift the front button on the right-hand side and take your weight off the seat to raise the height. Remain seated to lower the height. Release the button to lock the seat height.

## 2. Back Angle



Lift the middle button on the right-hand side and take your weight off the back to bring it forward. Lean back to move it backwards. Release the lever to lock the back angle.

## 3. Free Float Activation



Twist the knob on the right-hand side anti-clockwise to activate the seat rock. Twist the knob clockwise to lock the seat in any position.

## 4. Free Float Tension



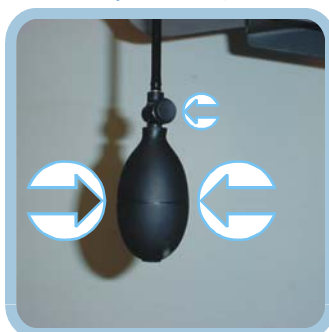
Twist the knob on the left-hand side of the chair while in seat rock mode to adjust the tension of the rocking motion. Clockwise increases the tension, anti-clockwise reduces the tension.

## 5. Back Height



Pull up the lever on the right-hand side of the back to release the back height lock, then raise or lower the back. Push the lever down to lock the back height.

## 6. Lumbar Support (If fitted)



Squeeze the bulb repeatedly to inflate the lumbar support. Press the button on the bulb to deflate it.

## 7. Seat Depth



Lift up the back button on the right-hand side and slide the seat backward or forward. Release the button to lock the seat depth.

## 8. Arm Rest Height



Push in and hold the button on the arm post to release the arm height lock. Raise or lower the arm. Release the button to lock the arm height. Repeat for the other arm.

## 9. Arm Type A (If fitted) Depth



Push in the button on the inside of the arm-top and slide the arm-top forward or backward. Release the button to lock the armrest depth. Repeat for the other arm.

## 10. Arm Rest Width



Rotate the lever at the base of the arm to loosen the arm width lock. Slide the whole arm in or out. Rotate the lever back again to lock the arm. Repeat for the other arm.

## 11. Head/Neck Rest (If fitted)



Pull the headrest post up to raise the height or push it down to lower the height. Rotate the cushion up or down for varying support.

For further assistance please call  
Customer Services on  
0845 345 0898