


FOOT & LEG RESTS

Revised 07/04/2011

						
	Single Leg Rest	Double Leg Rest	952	150 Discus Footrest	250 Discus Footrest	Footmate
Part Number	SCR-LEGR1	SCR-LEGR2	SCR-952	SCR-DIS150	SCR-DIS250	EQ-FMFR
Dimensions (Packed) (H x W x L)	279x600x495		106x505x380	195x515x405	195x515x406	110x470x355
Dimensions (Un-Packed) (H x W x L)	510x223x400		65x470x365	411x490x370	411x490x371	100x460x340
Weight (Packed) (kg)	7.3		4.9	7.5	7.5	2.5
Weight (Un-Packed) (kg)	6.4		4.4	7.1	7.1	2.2
Material	Foam	Foam	Metal	Metal	Metal	Plastic
Type(Foot Rest/ Leg support)	Leg Support	Leg Support	Foot Rest	Foot Rest	Foot Rest	Foot Rest
Height Adjustable - Range (mm / NA)	190	200	230	100	100	185
Height Settings (Quantity)	NA	NA	NA	NA	NA	3
Front Height Min (mm)	350	360	60	50	150	55
Front Height Max (mm)	540	560	290	150	250	240
Rear Height Min (mm)	410	420	100	85	185	50
Rear Height Max (mm)	600	610	450	185	285	245
Static (Y/N)	N	N	Y	N	N	Y
Dictation Pedal Recess (Y/N)	N	N	N	N	N	N
Instant Height Adjustment (Y/N)	Y	Y	Y	Y	Y	N
Angle Adjustable (Y/N)	Y	Y	Y	N	N	Y
Non slip surface (Y/N)	N	N	Y	Y	Y	Y
ESD Version (Y/N/O)	N	N	Y	N	N	N

A surprisingly large proportion of UK office workers should be using a footrest. Instead, many potential users set their chair too low or rest their feet on the starbase of the chair for support.







To decide whether a footrest is necessary, set the chair height so that your elbows are level with, or just above, the desk (whichever is more comfortable for you). If you can't rest your feet comfortably on the floor, you need a footrest. For further assistance, please refer to our Posture Guidance.

All our footrests offer large footplates and stable support. Some are instantly adjustable and we also offer anti-static variants for ESD environments.

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	Relax	Footform	Simple	Professional Independent Foot Support	Compact Fellowes Foot Rocker	Standard Fellowes Foot Rocker
Part Number	RELAX1	FFRM2	DF-FREST1	F-PROIFS	F-FRFR-C	F-FRFR-S
Dimensions (Packed) (H x W x L)	68x485x362	150x465x410	134x375x500	120x425x420	75x315x540	75x246x450
Dimensions (Un-Packed) (H x W x L)	142x470x335	424x443x360	140x475x356	114x410x365	135x520x305	135x420x240
Weight (Packed) (kg)	2.7	6.4	3.3	2.7	1.6	1.1
Weight (Un-Packed) (kg)	2.4	6.1	2.8	2.2	1.3	0.9
Material	Plastic	Metal	Metal/Wood	Plastic	Plastic	Plastic
Type(Foot Rest/ Leg support)	Foot Rest	Foot Rest	Foot Rest	Foot Rest	Foot Rest	Foot Rest
Height Adjustable - Range (mm / NA)	110	260	NA	NA	30	30
Height Settings (Quantity)	NA	2	NA	NA	NA	NA
Front Height Min (mm)	40	50	30	45	65	65
Front Height Max (mm)	150	310	160	170	95	95
Rear Height Min (mm)	70	120	30	30	80	80
Rear Height Max (mm)	200	380	160	155	110	110
Static (Y/N)	Y	N	Y	N	N	N
Dictation Pedal Recess (Y/N)	Y	N	N	N	N	N
Instant Height Adjustment (Y/N)	N	Y	N	N	Y	Y
Angle Adjustable (Y/N)	Y	N	Y	Y	Y	Y
Non slip surface (Y/N)	Y	Y	Y	Y	Y	Y
ESD Version (Y/N/O)	N	Y	N	N	N	N

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